County College of Morris follows the Middle States Commission on Higher Education (https://www.msche.org/)'s Licensure Rules to define a credit hour. The Commission expects all candidate and accredited institutions to demonstrate that they use acceptable and consistent methods for assigning credit hours to all courses and programs of study.

The U.S. Department of Education defines "credit hour" as:

1) one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately 15 weeks for one semester or the equivalent amount of work over a different amount of time; or,

2) at least an equivalent amount of work as required in paragraph (1) of this definition for other academic activities as established by the institution, including lab work, internships, practica, studio work, and other academic work leading to the award of credit hours"