

# Health Services

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## Immunizations

New Jersey law requires that all full-time students present a valid record of immunization against Measles, Mumps, Rubella and Hepatitis B or proof of serologic immunity as a condition of enrollment. The state requires two doses of the Measles vaccine, one dose of the Mumps vaccine, and one dose of the Rubella vaccine, or all of the vaccines combined within the MMR vaccine. Students born before 1957 are exempt from this regulation. Additionally, the documentation must include verification of a three-dose Hepatitis B vaccine.

As of July 1, 2020, the State of New Jersey requires that students be required to provide verification of immunization against Meningococcal disease. This includes two doses of the Meningitis vaccine. Such documentation must be submitted to the college along with other immunization documentation.

Individuals who are not in the Nursing, Radiography or Allied Health programs are exempt from these requirements if they are:

31 years of age or older (for Measles, Mumps, Rubella only), are taking less than 12 credits, are 100% online, or have medical or religious reasons with documentation to substantiate such exemptions. Students should contact [health-services@ccm.edu](mailto:health-services@ccm.edu) for more details about the immunization requirements.

Health Records: All health records are confidential and kept on file digitally for a period of seven (7) years. Copies of your Immunization Records may be obtained by emailing [health-services@ccm.edu](mailto:health-services@ccm.edu).

## Required Physical Examinations

Student athletes need to have a completed health history form signed and stamped by their own physician prior to participation in an intercollegiate sport or activity. The forms should be turned in to the Athletic Department certified trainer and kept on file for eligibility purposes. The Intercollegiate Athletic Health History form can be downloaded from the Athletics Department webpage (<https://www.ccmathletics.com/landing/index/>) or picked up at the Athletic Department Office in the Health Physical Education (HPE) Building, room 220.

Students enrolled in the Nursing or Allied Health Professional programs are required to have a full health history including a physical examination.

## Insurance

All Nursing and Allied Health students in the professional phase are required to have both accident and sickness health insurance with basic hospitalization coverage and must provide proof to the program chairperson at the start of each semester.